

Documentation tool

My Self Assessment of my Current Skills with Emotional In...

On a scale of 0 - 5 (low to high), rate your Emotional Self-Awareness:

5

On a scale of 0 - 5 (low to high), rate your Self Confidence:

2

On a scale of 0 - 5 (low to high), rate your Self Control:

3

On a scale of 0 - 5 (low to high), rate your Trustworthiness:

4

On a scale of 0 - 5 (low to high), rate your Conscientiousness:

4

On a scale of 0 - 5 (low to high), rate your Adaptability:

1

On a scale of 0 - 5 (low to high), rate your Achievement Drive:

3

On a scale of 0 - 5 (low to high), rate your Initiative:

2

On a scale of 0 - 5 (low to high), rate your Empathy:

4

On a scale of 0 - 5 (low to high), rate your Organizational Awareness:

4

On a scale of 0 - 5 (low to high), rate your Customer Service Orientation:

3

On a scale of 0 - 5 (low to high), rate your Visionary Leadership:

2

On a scale of 0 - 5 (low to high), rate your Influence:

2

On a scale of 0 - 5 (low to high), rate your Developing Others:

2

On a scale of 0 - 5 (low to high), rate your Communication:

2

On a scale of 0 - 5 (low to high), rate your Change Catalyst:

3

On a scale of 0 - 5 (low to high), rate your Conflict Management:

3

On a scale of 0 - 5 (low to high), rate your Building Bonds:

3

On a scale of 0 - 5 (low to high), rate your Teamwork and Collaboration:

3